



COMPULSORY PREVENTIVE MEDICAL CHECK-UP

Students' health and well-being are major assets to their success at university. Saint Joseph University of Beirut (USJ) provides a compulsory preventive medical check-up to all first-time undergraduate students to promote health awareness, prevent illness, and encourage students to take responsibility for their well-being. The check-up provides students with access to a confidential medical consultation and includes:

- Personalized medical consultation and health assessment
- Collection of baseline medical information and review of relevant medical history
- Health education and advice on healthy lifestyle habits, prevention, and well-being
- Review and updating of vaccination status, including recommended and/or professionally required vaccines
- Sexual and reproductive health counseling during the medical assessment or if requested by the student
- Identification of health risks or medical needs and referral to specialized care when necessary

The preventive medical check-up is strictly confidential. Its costs are covered by the University, and it is required for re-enrollment in September. It takes place at the Family Medicine Center located at *Hôtel-Dieu de France*.

Students may also consult CMF beyond the compulsory check-up for primary healthcare, preventive care, vaccination, and health counseling according to their individual needs. Sexual and reproductive health counseling is available confidentially to any student upon request, as well as when a need is identified during a medical consultation. When specialized care is required, students are appropriately referred to the relevant healthcare professionals or services.

Healthcare Centers

USJ provides healthcare services to its students, instructors, administrative staff, and their families, through its various healthcare centers and offices:

- The University Medical Center, *Hôtel-Dieu de France* (HDF)
- The Family Medicine Center (CMF)
- The Dental Care Center (CSD)
- The Center for Diagnosis and Therapy in Speech and Language Therapy (CDSO)
- The Center for Diagnosis, Therapy and Research in Psychomotor Therapy (CDSRP)
- The Center for Diagnosis, Therapy and Research in Occupational Therapy (CDSRE)
- The University Center for Psychological Support (CUSP)
- The Counseling Office (SAP)